

---

# Hillary Lin, MD

Stanford-trained physician.  
Longevity medicine pioneer.  
Serial entrepreneur.

CO-FOUNDER & CEO, CARECORE



---

## BACKGROUND

Stanford MD · 11 years at  
Stanford  
Board-Certified Internist

## COMPANIES

CareCore  
(current)  
Curio (VC-  
backed)

## MEDIA & REACH

Podcast + Newsletter  
Forbes · Parade · Daily  
Mail

STANFORD MD

BOARD-CERTIFIED INTERNIST

ASPEN HEALTH FELLOW

LONGEVITY MEDICINE

CO-FOUNDER & CEO

## SHORT BIO

Hillary Lin, MD, is a Stanford-trained physician, board-certified internist, and the Co-Founder & CEO of CareCore, an AI-powered platform enabling clinicians and creators to launch compliant longevity storefronts with physician oversight. Previously, she co-founded Curio, a VC-backed psychedelic-assisted therapy platform across five states. Dr. Lin is an Aspen Health Fellow, advisor to Stanford Alumni Startups NY, Cornell BioVenture eLab, and the Melinda Gates-backed Headstream Accelerator. She hosts The Longevity Show podcast and writes The Longevity Letter newsletter, translating cutting-edge longevity science into actionable protocols for thousands of readers.

## FULL BIO

Born in Taipei and raised in the US, Hillary Lin spent 11 years at Stanford, completing her BS in Biology, MD, and Internal Medicine residency. She matched into a hematology-oncology fellowship at Columbia but left to build startups that could reach millions. Her father's heart attack and her own elevated ApoB discovery at age 35 redirected her career toward longevity medicine.

She founded CareCore to build the infrastructure that makes clinical-grade longevity medicine accessible at scale. As a keynote speaker, she has presented at HLTH, the Ageless Evolution Summit, the Longevity Global Summit at Buck Institute, Yale Healthcare Hackathon, and DOC 2025 (John Battelle).

Her expert commentary has been featured in Forbes, Parade, Daily Mail, EatingWell, and Yahoo Health. She advises physician-entrepreneurs and health-tech startups through Stanford, Cornell, and the Headstream Accelerator.

## MEDIA & CONTENT

 [The Longevity Show](#) — Podcast

 [The Longevity Letter](#) — Newsletter

## AFFILIATIONS

Aspen Health Fellow

Stanford Alumni Startups NY

Cornell BioVenture eLab

Headstream Accelerator



SPEAKING TOPICS

- The Science of Healthspan Extension
- AI-Powered Longevity Medicine
- Physician Entrepreneurship
- Democratizing Preventive Medicine
- The Longevity Economy
- Women's Health & Longevity
- From Rapamycin to GLP-1s: Clinical Frontiers
- Building Health-Tech Startups as a Physician

PODCAST APPEARANCES (12+)

The Health Curve (iHeart Radio) · Off Call Podcast · Precision Medicine Made Simple · Entrepreneur Rx · Noom Vibe · and more

PRESS FEATURES

- FORBES
- PARADE
- DAILY MAIL
- EATINGWELL
- YAHOO HEALTH
- HINDUSTAN TIMES
- FINANCIAL EXPRESS

NOTABLE SPEAKING

HLTH 2025

Panelist — "Death Is Optional"

Ageless Evolution Summit 2025

Keynote Speaker

Longevity Global Summit

Panelist — Buck Institute, 2025

Yale Healthcare Hackathon 2025

Keynote Speaker

Livelong Women's Health Summit

Speaker — April 2026

DOC 2025

Fellow — John Battelle

AVAILABLE FOR

- Keynote Presentations
- Conference Panels
- Corporate Events
- Podcast Guest Appearances
- Expert Commentary & Quotes

# Let's Work Together

For speaking inquiries, media requests, and partnerships

## DIRECT CONTACT

WEBSITE [hillarylinmd.com](http://hillarylinmd.com)

EMAIL [media@hillarylinmd.com](mailto:media@hillarylinmd.com)

For speaking engagements, media appearances, brand partnerships, and advisory inquiries.

## SOCIAL MEDIA

All platforms: [@hillarylinmd](#)

YOUTUBE

[@hillarylinmd](#)

LINKEDIN

[@hillarylinmd](#)

INSTAGRAM

[@hillarylinmd](#)

TIKTOK

[@hillarylinmd](#)

X (TWITTER)

[@hillarylinmd](#)

FACEBOOK

[@hillarylinmd](#)

Ready to bring longevity medicine to your audience?

[media@hillarylinmd.com](mailto:media@hillarylinmd.com)